



Riverstone
BAPTIST CHURCH

Sermon Based Questions

Date- Sunday 7th February 2020
Series- Songs of Experience Part 2

Praise the Lord oh my Soul!

Praise the Lord, my soul; all my inmost being, praise his holy name.

Praise the Lord, my soul, and forget not all his benefits.

Psalm 103:1-2

1. Tell your self to praise God. (Psalm 103:1-5)

- Praise the Lord
- Don't forget his benefits.
- Sins forgiven, healing, redemption, loves crown & good things.

2. Don't forget Gods great love. (Psalm 103:6-19)

- Slow to anger and abounding in love.
- He won't always accuse.
- His love has many dimensions.
- He remembers we are dust.

3. Everything in heaven and earth ought to praise God. (Psalm 103:20-28)

- The Lord is king!
- All creation ought to praise him.

A. Examining the texts.

1. Read Psalm 103:1-5. Who does the Psalmist speak too and what does he say?
2. Read Psalm 103:6-19 & Exodus 34:6-7. What does this section tell you about the character of God? What does it tell us about how he relates to humanity?
3. How do these verses (vs 13-18) reveal “the Father heart of God?” How are his children to respond to him?
4. Read 103:20-22. Who does the Psalmist admonish to praise the Lord? Who do you think the “heavenly host are?”

B. Meditation & application

5. The Psalmist admonishes his own soul to worship the Lord- why do you think he does this and what does it say about our worship?
6. What does it mean for us to not forget the benefits of life with God? Take a moment to think of all the reasons that you have to celebrate God- write them down and spend time giving thanks for them.
7. What does it mean to you that God is slow to anger and abounding in love? In your personal pursuit of Godliness how does this aspect of God's character challenge you?
8. How can you grow in your understanding of the dimensions of God's love? How does Ephesians 3:14-19 tell us about this subject? How does this Psalm point toward Christ?

A Challenge: Take time this week to spend admonishing yourself to praise the Lord and then remember his benefits- and tell another believer about the blessings that God has placed in your life. If your super keen- write a testimony about the benefits of life with God and look for opportunity to speak to others of them. Ask another believer- “what are the blessing or benefits of relationship with God?”