



**Riverstone**  
BAPTIST CHURCH

**Sermon Based Questions**  
All Things under Christ Part 10  
Date: 11<sup>th</sup> June 2023

### **Be Strong in the Lord**

*10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor of God, so that you can take your stand against the devil's schemes. Eph 6:10-11*

#### **1. Be strong in the Lord & put on the full armor of God. Eph. 6:10-17.**

- Be strong in the Lord.
- Put on the full armor of God.
- Our struggle is not against flesh and blood.
- Put on the armor that you might stand.

#### **2. Give yourself to "all," prayer. Eph. 6:18-20**

- In the Spirit.
- All kinds of prayer.
- All the Lord's people.
- Pray for Paul & making known the mystery.

#### **3. Being strong in the Lord is a communal project. Eph 6:21-24.**

- Tychicus my dear brother will tell you.
- A blessing from Paul to the Ephesians.

Discussion starters: What are the means by which, God has sustained you in your faith to this point? What has helped you to “stand in your faith,” and not give way to doubt and temptation?

### **Examining the texts.**

1. Read Ephesians 6:10-12. How are the Ephesians to stay strong in the Lord according to these verses? What reason does Paul give here for having to stay strong in the Lord?
2. Read Ephesians 6:13-17. Why do you think that Paul calls the Ephesians to put on armor in these verses? What do you think the various aspects of that armor represent? What do you think the belt of truth is, the breastplate of righteousness, feet fitted with the gospel of peace, the shield of faith, the helmet of salvation and the sword of the Spirit envisage here?
3. Read Ephesians 6:18-20. How many times does Paul use the word- “all,” in this section? What point do you think he is wanting to make by the use of this phrase?
4. Read Ephesians 6:21-24. What is Paul wanting Tychicus to do for him and for the Ephesians? What is the content of Paul’s blessing on the Ephesians?

### **A. Meditation & application**

5. Do you feel conscious of a spiritual battle over your life? What benefit could a “wartime mindset have for you?”
6. Paul says here- we are to put on the full armor of God if we are going to be able to stand. What bits of the armor strike you as much needed in your life?
7. How does Paul’s summons to prayer here speak to you about God’s call on you in your prayer life? How is Paul coaching you to pray here?

Dear heavenly Father- We pray and ask that you would help us to be strong in the Lord. Help us to understand that we are involved in a spiritual battle and that we need to be prepared with the full armor of God if we are to stand. Lord help us- to pray in the Spirit and to be led by you to stand strong in the Lord. In Jesus Name- Amen